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1. Upper Mustang Jeep Tour

2. Overview

The Upper Mustang Jeep Tour is the perfect road trip for those travellers who do not desire to go on a long and challenging trek. In this tour, you will get to have exciting off-road…

3. Itinerary

Day 1: Arrival in Kathmandu, Nepal

Altitude: 1,400 m | Meals: Breakfast | Stay: Hotel

- Welcome to Nepal.
- Meet our representative in the airport parking areas, waiting for you.
- Transfer to the hotel in the Thamel area in our pre-arranged vehicle.
- Check in, rest, and stay overnight.

Traveller's note: Tomorrow you will have an early morning ride. So be prepared for the ride by packing your things in the evening.

Day 02: Sightseeing in Kathmandu

Meals: Breakfast | Stay: Hotel

On this day you will can visit the cultural and UNESCO Heritages sites of Nepal:

- Kathmandu Durbar Square
- Swayambhunath Stupa (Monkey Temple)
- Pashupatinath Temple
- Boudhanath Stupa

Note: Your Upper Mustang Travel permit will get ready on this day.

Day 03: Drive to Pokhara

Altitude: 900 m | Meals: Breakfast | Stay: Hotel

- Early in the morning, you will meet our guide and supportive team, then head toward the Gongabu bus station to catch the bus for Pokhara.
- Enjoy the scenic ride from Kathmandu to the Pokhara bus park.
- The bus will stop in the middle of the journey for a short break and lunch.
- After you reach Pokhara, you will stay in the lakeside hotel with a beautiful view of Phewa Lake.

Traveller's note: The travel duration will be around 7-8 hours, so make sure to pack snacks and carry local cash to have a meal during the trip. You can also choose direct flight to Pokhara or Ride to Pokhara on Private Jeep by paying

extra cost.

Day 04: Drive from Pokhara to Kagbeni

Altitude: 2,800 m | Meals: B,L,D | Stay: Lodge

- Enjoy the morning view of Phewa Lake and the Annapurna range and Machhapuchchhre (Fishtail) on a clear day.
- Have a delicious breakfast in the hotel and get ready to leave for the ride.
- Take a seat in a 4*4 Jeep and ride toward Marpha via Tatopani and Kalapani
- Explore Marpha and taste local apple products.
- Drive onward to Jomsom, a lively town with local markets.
- Taste local yak cheese and explore Jomsom briefly.
- Drive from Jomsom to Kagbeni village.
- Arrive in Kagbeni and check in to your lodge.
- Overnight stay at Kagbeni.

Day 05: Drive from Kagbeni to Tsarang

Altitude: 3,630 m | Meals: B,L,D | Stay: lodge

- Early morning breakfast at the lodge in Kagbeni.
- Complete Upper Mustang permit checking at Kagbeni- to enter Upper Mustang Region
- Drive route: Kagbeni (2,800 m) – Tangbe – Chhusang – Chele – Samar – Bhena La – Syangboche – Ghami – Tsarang (3,560 m)
- Pass through the ancient village of Tangbe, known for whitewashed houses and narrow alleys.
- Continue to Chhusang, crossing the Kali Gandaki River with views of red rock cliffs.
- Drive to Chele village, entering deeper into the restricted Upper Mustang region.
- Ascend gradually to Samar village, surrounded by poplar trees and green fields.
- Cross Bhena La Pass, enjoying wide views of the Mustang landscape.
- Pass through Syangboche and Ghami, famous for long mani walls and traditional Tibetan culture.
- Arrive at Tsarang, the former capital of Upper Mustang.
- Visit the Tsarang Monastery and explore the five-story Tsarang Palace.
- Dinner and overnight stay at a local lodge in Tsarang.

Day 06: Drive from Tsarang to Lomanthan

Altitude: 3,840 m | Meals: B,L,D | Stay: lodge

- Early morning breakfast at the lodge in Tsarang.
- Start the scenic off-road jeep drive towards the walled city of Lo Manthang.
- Drive route: Tsarang (3,560 m) – Lo La Pass – Lo Manthang (3,840 m)
- Ascend gradually to Lo La Pass, the highest point of the day.
- Enjoy breathtaking views of the Mustang plateau and distant Himalayan peaks.
- Descend from Lo La Pass towards Lo Manthang.
- Arrive at the ancient walled city of Lo Manthang, the capital of Upper Mustang.
- Check in to your lodge and take time to rest.

Day 07: Lomanthan Exploration Day, Short ride to Ghami

Altitude: 3,510 m | Meals: B,L,D | Stay: lodge

- Morning breakfast at the lodge in Lo Manthang.
- Start the day with guided exploration of the walled city of Lo Manthang.
- Visit major monasteries including Jampa Lhakhang, Thubchen Gompa, and Chodey Monastery.
- Walk through narrow alleys and observe the traditional lifestyle of the Lo people.
- Optional visit to nearby villages such as Namgyal Gompa and surrounding caves.
- After lunch, prepare for a short jeep ride towards Ghami.
- Explore Ghami village and overnight stay at a lodge.

Day 08: Drive to Pokhara

Altitude: 900 m | Meals: Breakfast | Stay: Hotel

- Early morning breakfast at the lodge in Ghami.
- Driving through Tsarang (3,560 m) – Kagbeni (2,800 m) – Jomsom (2,750 m) – Marpha (2,650 m) – Kalapani (2,610 m) – Tatopani (1,190 m) – Beni, and continue to Pokhara.
- Stay at hotel in Pokhara

Day 09: Drive to Kathmandu in a luxury Tourist bus.

Altitude: 1,400 m | Meals: Breakfast | Stay: Hotel

- Have breakfast at your hotel in Pokhara.
- Reach Pokhara bus park and board for the ride.
- Reach Kathmandu after a 7-8 hours of ride.
- Check in the hotels.

Day 10: Departure

Meals: Breakfast

- Reach TIA for the flight in our private vehicle.
- Bid farewell to Nepal and end your Upper Mustang Jeep Tour adventure.

5. Cost Includes

- **4×4 Jeep Transportation:** Your tour comes with a comfortable 4×4 jeep. It covers the full journey from Kathmandu or Pokhara to Mustang and back. All fuel, road permits, and driver expenses are included.
- **Experienced Guide & Driver:** A licensed English-speaking guide will join your trip. His food, accommodation, insurance, and necessary permits are covered by the package. A trained and experienced jeep driver is also part of the tour.

- **Accommodation During the Trip:** You will stay in clean tea houses, lodges, or guesthouses throughout the Mustang region. Some packages may also include hotel stays in Kathmandu or Pokhara, depending on your plan.
- **Meals on the Tour Route:** The package includes full board meals in Mustang—breakfast, lunch, and dinner every day. Meals are served at local tea houses along the route.
- **All Required Permits and Official Fees:** The tour includes every permit you need for Upper Mustang, such as: Upper Mustang Restricted Area Permit And ACAP (Annapurna Conservation Area Permit). It also covers government taxes, road permits, and other official charges.
- **Basic Safety and Medical Support:** A first-aid kit and basic safety support are included. Your guide is trained to help in common altitude or emergency situations.
- **Optional Add-ons:** airport pickup, 3 start hotel in Kathmandu. For upgrades hotel (extra cost)

6. Cost Excludes

- **International and Domestic Flights:** Your flight to Nepal or any optional domestic flight is not included.
- **Nepal Visa Fee:** The entry visa cost is your personal responsibility.
- **Travel Insurance:** Insurance that covers high altitude travel and emergency evacuation must be purchased separately.
- **Personal Expenses:** Extra costs like drinks, snacks, hot showers, battery charging, laundry, and souvenirs are not included.
- **Tips & Gratuities:** Tips for your guide and driver, optional room upgrades, or any added days beyond your itinerary are excluded from the package price.

7. Equipment / Packing List

Here is the basic packing list for your Upper Mustang Jeep Tour. Even if you arrive in Nepal you don’t need to worry about what to pack because you can buy here in Nepal and some gear items like downjacket, sleeping bag, etc.

Clothing:

- Warm layers (fleece, down jacket) for cold mornings/evenings
- Light clothing for daytime
- Waterproof jacket and pants
- Comfortable trekking pants and shirts
- Hat, gloves, and scarf

Footwear:

- Sturdy trekking shoes or boots
- Sandals or comfortable shoes for evenings
- Warm socks

Accessories:

- Sunglasses and sunscreen
- Water bottle or hydration pack

- Daypack for daily excursions
- Camera or smartphone for photos

Toiletries & Health:

- Personal toiletries and wet wipes
- Hand sanitizer
- Basic first-aid kit and any prescription medicine
- Lip balm and moisturizer

Optional:

- Travel pillow
- Power bank and chargers
- Snacks for the journey