High Route Adventure Pvt Ltd.

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1. Tibet Everest Base Camp Tour

2. Overview

Experience a unique tour to Everest Base Camp North located at the sheer height of 5,100 meters in Tibet. Unlike in Nepal, Everest or Qomolangma Peak in Tibet remains easily accessible. Enjoy touring the “Roof…

3. Itinerary

Day 1: Katmandu to Lhasa

Leaving Kathmandu, you’ll begin your journey towards Tibet. Drive to the Tribhuvan International Airport and embark on an adventurous trans-Himalayan flight to Lhasa. The one and a half-hour-long flight will offer a beautiful aerial tour of the snowcapped peaks such as Everest, Makalu, Dorje Lakpa, and Kanchenjunga. Tibetan plateau boasts of miles of sprawling desert-like landscape and remote valleys. Catch the beautiful sight of Potala Palace from the sky. Upon arrival, a local tour guide will receive you at the airport. You will check into one of the finest boutique hotels in the city. In the evening, you can head out to explore the market place and enjoy a lavish Tibetan dinner in one of the local restaurants. Overnight in Lhasa.

Day 2 Sightseeing in Lhasa

Day 6: After breakfast, you'll embark on a sightseeing tour of Lhasa City. The tour begins with a visit to the 16th Century Dzong (Fortress), Potala Palace. Located atop the Red Hill, Potala Palace served as the winter residence of the Dalai Lamas. Witness the historic Dalai Lama's home, imperial office, library, and prayer rooms. You’ll advance towards the historical temple of Jokhang. Jokhang Temple dates back to the reign of King Songtsen Gampo, who introduced Buddhism in the region. Explore the historic site and witness hundreds of pilgrims circumambulating the temple at Barkhor Street. You'll indulge in a brief tour of Barkhor Street before heading towards Norbulingka Palace. The 17th Century palace served as the summer residence of the Dalai Lamas until the end of 1959. Witness the most extensive human-made garden at Norbulingka Palace. The annual Yoghurt Festival is also held at the Norbulingka garden. Overnight in

Day 3: Sightseeing in Lhasa

Embark on a tour of two of the most revered monastic sites in Lhasa. The tour begins with a visit to Drepung Monastery. Drepung is the largest monastery in the region that lies almost 5km from the city. It is also one of the ThreeGelug monasteries in Lhasa that houses 3,000 monks at any given time. During its heyday, the monastery was home to 10,000 monks. You can explore the 14th Century monastery before driving to another Gelug monastery of Sera. Sera Monastery came into existence in 1419 AD when Jamchen Chojey of Sakya Yeshe clan established the monastery at the foothills of the Wangbur Mountains. It remains home to 19 hermitages. Enjoy exploring the monastery and enjoy a delicious lunch before driving back to your hotel.

Day 4: Lhasa to Gyantse

Leaving Lhasa, you'll begin driving south towards Gyantse County. The drive will take you through the rugged part of Southern Tibet en route to Gyantse. Visiting the high passes of Karo La (5010m) and Kamba La (4794m) remain the highlight of this tour. Continue driving alongside the majestic Yamdrok Tso Lake (Turquoise Lake) towards Karo La Pass. The top of the pass offers the scenic sight of the stunning glacier hanging from a snowy peak of NazinKangSa (7252m). A short road journey from here will take you towards Gyantse. En route, you'll encounter numerous quaint yet colorful Tibetan villages. Gyantse served as the major trade-center of Tibet in the past. Overnight at Gyantse.

Day 5: Gyantse – Xigatse (3,900m): 90km

After breakfast, you'll embark on a tour of the nearby Pelkor Chode Monastery and Gyantse Kumbum. A short road journey will take you to the foothills of Dzong Hill that remains home to Pelkor Chode Monastery. After exploring the monastery, you'll drive towards Gyantse Kumbum. Kumbum is a large gold-domed stupa with numerous chapels. Here on, you'll take a road south and begin driving towards Xigatse prefecture. Xigatse or Shigatse is a prefecture-level county and also the second-largest city in the country. En route to Xigatse, you can visit the historic Tashi Lhunpo Monastery. Tashi Lhunpo is one of the four monasteries of Gelug Sect. Overnight at Xigatse.

Day 6: Xigatse – Xegar (4,100m): 270km

Xigatse is a part of the historical Tsang province of Tibet. Explore the historical city before embarking on a road journey towards Xegar County. You'll drive almost 270km for 9hr to arrive at Xegar. En route, you will cross two high passes of Tropu La (4890m) and Gyatso La (5250m). A rougher part of the trail, these high passes remain inaccessible for most of the year because of huge snowfall. Catch the beautiful sight of the mountains as you continue driving towards your destination. Visit the Sakya monastery renowned for Sakya Buddhist School before arriving at Xegar.

Day 7: Xegar – Rongbuk (4,980m): Approx. 90km

Leaving Xegar, you'll catch the main highway that connects Tibet to Nepal. Continue driving south through the Friendship Highway en route to Rongbuk. Rongbuk lies amidst the high mountains in the Shigatse prefecture. You'll drive almost 90km south from Xegar to Rongbuk Monastery. Rongbuk Monastery at 4980 meters lies on the foothills of Mount Everest. Before approaching the Everest Base Camp, you will visit the Rongbuk monastery and spend the night just beside the monastery overlooking the beautiful mountains. Rongbuk is famous for being the highest monastery in the entire Tibet. The 8th-century site is originally a cave-monastery dedicated to Guru Padmasambhava. Overnight in Rongbuk.

Day 8: Rongbuk – Everest BC – Kerung (2,800m) 370 km

Leaving Rongbuk, you'll indulge in a scenic drive south towards Everest Base Camp. En route, witness the larger-than-life sight of the mountains, including Qomolangma (Everest), Shishapangma, and Makalu North. Unlike the Southern Everest Base Camp in Nepal, the Everest Base Camp in Tibet remains accessible through a major roadway. Enjoy a delicious lunch and salted butter tea at the base camp. You will find many souvenir shops around the base camp. Leaving Everest Base Camp, you'll catch the friendship highway and begin driving towards Kerung. The drive continues through Tingri province towards the Thong La Pass. Continue driving alongside the Paigu-Tso Lake and Brahmaputra River en route to Kerung. Catch the beautiful sight of Shishapangma, Cho Oyu, Melungtse, and Gauri Shankar peaks en route to the town.

Day 9: Kerung – Kathmandu: 165 km.

After breakfast, you'll continue on your road journey and drive through the Friendship Highway towards Nepal-Tibet Border. As you make your way towards the border, you will find larger towns with many shops. After getting your

permit checked, you'll enter Nepal and begin driving south through Syabrubensi village towards Kathmandu. Check into a hotel and enjoy the evening exploring the nearby Thamel Town. Enjoy a delicious farewell dinner at a Nepali restaurant before heading back to the hotel.

Day 10: Flight back to home

We'll drop you off at Tribhuvan International Airport in the time of your flight.

5. Cost Includes

- International airport pick up and drops facility
- Flight from Kathmandu to Lhasa
- 4-star accommodation in Kathmandu on twin sharing basis with a BB plan
- Standard accommodation during the Tibet tour on twin sharing basis with a BB plan (Private room supplement at extra cost if required
- All ground transport as per itinerary (private vehicle in Nepal and Deluxe bus in Tibet)
- Farewell dinners in Kathmandu with traditional ethnic music and dance.
- Tibet visa and permit
- Necessary support crew member like a tour guide, cook, Helpers)
- All necessary government and service charge

6. Cost Excludes

- Extra porter charges
- Nepal visa charges
- Cost for additional trips
- Extra hot shower, Wifi, and battery charging on a tour
- Travel insurance which covers emergency rescue and evacuation
- Tipping to staff(as an appreciation)
- All meal (Lunch and Dinner) in Kathmandu
- Meal plan during the tour (Lunch, Dinner)
- Any further price because of Natural cataclysm and Unforeseen Circumstances, etc

7. Equipment / Packing List