High Route Adventure Pvt Ltd.

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1. Putha Hiunchuli Expedition

2. Overview

The Putha Hiunchuli Expedition is an adventure trip to a magnificent mountain named Putha Hiunchuli, which is located in the far-western part of Nepal and is 7,246 meters (23,773 feet) in altitude. Putha Hiunchuli has…

3. Itinerary

Day 1: Arrival in Kathmandu

Altitude: 1400 meter | Stay: Hotel in Kathmandu

- Arrive at Tribhuvan International Airport, Kathmandu.
- Complete the immigration process and meet Highroute Adventure at airport parking.
- Transfer to the hotel in our private vehicle.
- Rest and prepare for the Putha Hiunchuli expedition briefing.

Travellers note: We suggest you obtain the local SIM (Ncell or NTC) from the airport to connect with us and your family during the journey. Please make sure to settle the remaining balance of the expedition before starting your trip.

Day 2: Scenic Flight to Nepalgunj

Altitude: 150 meter | Meals: B,L,D | Stay: Hotel in Nepalgunj

- Enjoy your breakfast in the hotel.
- Prepare to leave for the domestic flight from Kathmandu to Nepalgunj
- Leave the hotel with our team in a pre-arranged private vehicle.
- Land at Nepalgunj airport after a 45-50 minute scenic flight and check into nearby hotels.

Travellers note: If you have enough time on this day, you can visit Bageshwori Temple (approx. 4–5 km, 15 minutes), Dhamboji Bazaar (approx. 3–4 km, 10–12 minutes), New Road Market & Central Nepalgunj (approx. 3 km, 10 minutes), Ganeshpur Area (approx. 2–3 km, 8–10 minutes), or Mini Zoo & Park (approx. 5 km, 15 minutes).

Day 3: Fly to Juphal and Trek to Dunai

Altitude: 2140 meter | Meals: B,L,D | Stay: Teahouse

- Enjoy your breakfast in the hotel and prepare to leave for the flight.
- Scenic flight from Nepaljung airport to Juphal airport, which is around 35 to 45 minutes.
- Start your first trek towards Dunai, the headquarters of the Dolpo region.
- Check into the tea house and stay overnight.

Day 4: Trek from Dunai to Nando

Altitude: 2355 meter | Meals: B,L,D | Stay: Teahouse

- Enjoy breakfast at the tea house with beautiful views of the Bheri River valley.
- Pack your backpack and begin walking towards Nando.
- Pass through traditional villages and terraced farmlands.
- Cross small suspension bridges
- Enjoy panoramic views of rolling green hills and distant snow-capped peaks.
- Arrive at Nando and check into the tea house and stay overnight.

Day 5: Trek from Nando to Musikhola

Altitude: 2880 meter | Meals: B,L,D | Stay: Teahouse

- Enjoy breakfast at a tea house with freshly prepared local ingredients.
- Begin your trek by walking through lush forests of pine and rhododendron.
- Pass by traditional Dolpo villages.
- Observe terraced fields, mani walls, prayer flags, and centuries-old farming and herding practices.
- Reach Musikhola and check in the tea house and stay overnight.

Day 6: Trek to Kagkot

Altitude: 3265 meter | Meals: B,L,D | Stay: Teahouse

- Enjoy your breakfast in the Kagkot teahouse and get ready for the trek.
- Start trekking along well-defined trails passing through dense pine and rhododendron forests.
- Gradually ascend, with panoramic views of the surrounding Dolpo hills and distant snow-capped peaks.
- Walk through remote villages while observing traditional houses.
- Encounter small mountain streams, prayer walls, and local herders with yaks and horses.
- Reach Kagkot and check into the tea house and stay overnight.

Day 7: Acclimatization and Rest Day at Kagkot

Altitude: 3265 meter | Meals: B,L,D | Stay: Teahouse

- Today will be your acclimatization and rest day to acclimate your body to the high altitude.
- You can explore nearby villages or go for short hikes.
- Return to Kagkot for the night.

Traveller's note: On the rest day, don't do heavy exercise; instead, you can perform yoga. Take enough rest and follow acclimatisation tips.

Day 8: Trek to Pangzi

Altitude: 4480 meter | Meals: B,L,D | Stay: Teahouse

- Enjoy a nutritious Nepali breakfast in the tea house.
- Pack your gear and climb gradually through alpine meadows and rocky paths.

- Pass chortens, mani walls, and prayer flags that highlight the Buddhist influence of Dolpo.
- Witness broad views of the Dhaulagiri range and surrounding snow-capped peaks.
- Spot herds of yaks and mountain goats grazing on high pastures.
- Reach Pangzi after 6–7 hours of trekking.
- Stay overnight at Pangzi tea house.

Day 9: Trek to German Base Camp

Altitude: 4930 meter | Meals: B,L,D | Stay: Camp/Tent

- Enjoy breakfast at a tea house in the crisp mountain air.
- Follow a gradual ascent along rocky ridges and open alpine terrain.
- Cross high pastures used by yak herders during the summer months.
- The trail becomes more rugged, with fewer signs of human settlement.
- Breathtaking views of the Dhaulagiri and Kanjiroba ranges dominate the horizon.
- Spot Himalayan birds and perhaps even blue sheep along the ridges.
- Reach the German Base Camp and stay in the tent that is fixed by our team.

Day 10: Trek to Putha Hiunchuli Base Camp

Altitude: 4915 meter | Meals: B,L,D | Stay: Camp/Tent

- Start your day with a hot breakfast in German Base Camp.
- Prepare for a relatively shorter trek compared to previous days
- The trail moves through glacial moraines and rocky alpine paths.
- Trek across wide open valleys surrounded by towering Himalayan peaks.
- Cross small streams and ridges while enjoying close-up views of Putha Hiunchuli.
- Opportunities for incredible photography of snow peaks, ridges, and open landscapes.
- Arrival at Putha Hiunchuli Base Camp after 4–5 hours of trekking from German Base Camp.
- Enjoy a warm dinner and rest in tents.

Day 11–22: Climbing Period - Summit Attempt of Putha Hiunchuli

Altitude: 7246 meter | Meals: B,L,D | Stay: Camp/Tent

- Base Camp Preparation (4,915 m) – Equipment checks, rope fixing, and acclimatization hikes.
- Load Carry & Rotation Climbs – Carry gear to higher camps and return to base camp for rest.
- Camp I (5,300 m) – Establish first high camp on snow slopes.
- Camp II (6,200 m) – Set up the advanced camp closer to the summit route.
- Acclimatization & Rest – Essential rest days at base camp or Camp I for proper adaptation.
- Summit Push – Early morning climb from Camp II to reach the summit of Putha Hiunchuli (7,246 m).
- Summit Day Experience – Panoramic views of the Dhaulagiri range, Dolpo region, and beyond.
- Descent – Return safely from the summit to Camp II, Camp I, and finally to Base Camp.
- Contingency Days – Extra days reserved for weather delays or acclimatization.

Day 23: Return Trek to German Base Camp

Altitude: 4930 meter | Meals: B,L,D | Stay: Camp/Tent

- Enjoy hot breakfast at Putha Hiunchuli Base Camp and begin descent through rocky terrain and glacial moraines.
- Enjoy panoramic views of the Dhaulagiri range.
- Trek for about 5–6 hours back to German Base Camp.
- Arrive, settle in, and rest after the successful climb.
- Dinner and overnight stay at German Base Camp.

Day 24: Trek Back to Kagkot

Altitude: 3550 meter | Meals: B,L,D | Stay: Teahouse

- Breakfast at German Base Camp.
- Descend through alpine meadows and trails.
- Trek 6–7 hours back to Kagkot village.
- Dinner and overnight stay at Kagkot.

Day 25: Trek from Kagkot to Musikhola

Altitude: 2880 meter | Meals: B,L,D | Stay: Teahouse

- Morning breakfast at Kagkot.
- Begin descent along riverside trails and forested paths.
- Trek for 6–7 hours, enjoying views of valleys and streams.
- Arrive at Musikhola (2,880 m).
- Dinner and overnight stay at Musikhola.

Day 26: Trek to Khanigaon

Altitude: 2543 meter | Meals: B,L,D | Stay: Teahouse

- Breakfast at Musikhola.
- Begin trekking along gentle downhill trails and forest paths.
- Pass through small villages and local farmlands.
- Trek approximately 5–6 hours to reach Khanigaon (2,543 m).
- Dinner and overnight stay at Khanigaon.

Day 27: Trek to Tarakot

Altitude: 2150 meter | Meals: B,L,D | Stay: Teahouse

- Breakfast at Khanigaon.
- Begin trekking along scenic trails through valleys and farmland.
- Pass local villages and interact with villagers.
- Trek around 5–6 hours to reach Tarakot (2,850 m).
- Explore the historic village and its fortress.
- Dinner and overnight stay at Tarakot.

Day 28: Final Trek to Juphal

Altitude: 2150 meter | Meals: B,L,D | Stay: Teahouse

- Breakfast at Tarakot.
- Begin the final descent through valleys and riverside trails.
- Trek for approximately 5–6 hours back to Juphal (2,150 m).
- Arrive in Juphal, relax, and prepare for the onward flight.
- Dinner and overnight stay at Juphal.

Day 29: Flight from Juphal to Nepalgunj

Altitude: 150 meter | Meals: B,L,D | Stay: Hotel

- Breakfast at Juphal.
- Transfer to Juphal airport for the domestic flight to Nepalgunj.
- Enjoy scenic aerial views during the flight.
- Arrive in Nepalgunj and transfer to the hotel.
- Rest, explore local markets, or relax at the hotel.
- Dinner and overnight stay in Nepalgunj.

Day 30: Fly Back to Kathmandu

Altitude: 1400 meter | Meals: B,L,D | Stay: Hotel

- Breakfast at the hotel in Nepalgunj.
- Transfer to Nepalgunj airport for the flight to Kathmandu.
- Enjoy aerial views of western Nepal during the flight.
- Arrive in Kathmandu and transfer to your hotel.
- Free time for rest, shopping, or sightseeing.
- Dinner and overnight stay in Kathmandu.

Day 31: Final Departure from Nepal

Altitude: 1400 meter

- Breakfast at the hotel in Kathmandu.
- Prepare for check-out and settle any remaining bills.
- Highroute Adventure will transfer you to the airport 3 hours before your international flight.
- Depart from Tribhuvan International Airport

5. Cost Includes

a) Kathmandu Services

Airport Pick-up & Drop-off

- All airport pick-up and drop-off services by private vehicle.

Accommodation in Kathmandu

- 2 nights hotel stay in a 3-star standard hotel with breakfast before and after the expedition.

Farewell Dinner

- Traditional Nepali farewell dinner with cultural program on the last evening.

b) Climbing & Trekking Services

Accommodation During Trek & Base Camp

- Tea house/lodge accommodation along the trekking route.
- Tented accommodation at Base Camp.
- High-altitude tents at Camps I, II, and III.

Meals

- 3 meals a day during trekking and Base Camp (breakfast, lunch, dinner).
- High-altitude appropriate meals at Base Camp and above.
- Tea and coffee included.

Permits & Fees

- Expedition royalty and permit from the Government of Nepal for Putha Hiunchuli.
- Entry permit for Dhorpatan Hunting Reserve and TIMS card.
- Garbage management fees for proper waste disposal.

Transportation

- Kathmandu – Nepalgunj – Juphal domestic flights.
- Trek transport of expedition equipment from Juphal to Base Camp and return by porters/yaks.
- Member luggage allowance: up to 50 kg per person carried by porters/yaks.

Liaison Officer

- 1 government liaison officer with all required equipment, salary, accommodation, transportation, and insurance.

Base Camp Staff & Services

- Experienced Base Camp cook and kitchen helpers.
- Daily wages, salary, food, equipment, and clothing for all Nepalese staff.
- Base Camp tents: individual tents for each member, dining tent, kitchen tent, communication tent, toilet & shower tents, staff tents.
- Foam mattress and pillow per member.
- Heaters in dining and necessary Base Camp tents.
- Solar panel and generator for lights and battery charging.

Climbing Sherpa Services

- 1 personal high-altitude Sherpa per climbing member (trained, experienced, and licensed).
- Salary, meals, equipment, and clothing included for Sherpas.

- Bonus and route-fixing charges covered.

High Camp Support

- High-altitude tents, EPI gas, cooking pots, and food for members and crew at Camps I, II, and III.
- Required fixed and dynamic ropes.
- Rope fixing by experienced Sherpas (no extra cost).

Communication & Safety

- Satellite phone for emergency communication (additional charge applies for personal use).
- Walkie-talkies for Base Camp – mountain communication.
- Permits for satellite phone and walkie-talkie use.
- Comprehensive first-aid and medical kit for members and staff.
- Backup oxygen cylinders, masks, and regulators at Base Camp (with additional charge).

Certificate

- Official Putha Hiunchuli climbing certificate issued by the Ministry of Tourism after a successful summit.

Tax & Service Charges

- All applicable government taxes, VAT, and service charges included.

6. Cost Excludes

International Flights

- Kathmandu or Nepal international flights to/from Nepal.

Nepal Visa Fee

- Visa on arrival or e-visa for Nepal (can be arranged independently).

Personal Climbing Gear

- High-altitude boots, crampons, harness, helmets, jackets, gloves, etc. (members are responsible for their own personal climbing gear).

Travel & Personal Insurance

- Travel insurance covering emergency evacuation, medical treatment, and high-altitude trekking/climbing.

Personal Expenses

- Souvenirs, drinks, laundry, phone calls, and snacks.

Tips & Gratitude

- Tips for guides, Sherpas, Base Camp staff, and porters (optional but customary).

Backup Oxygen (if used)

- Additional cost applies if climbers use backup oxygen cylinders at Base Camp or higher camps.

Satellite Phone Calls

- Personal use of satellite phone (emergency use is included).

Medical Check-ups

- Pre-trip medical certificates or required vaccinations.

Filming

- Special permit required for filming using cameras or drones.

Internet

- Internet services are accessible during the trek and at Base Camp for an extra fee.

Extra services

- Any other services or activities which are not mentioned in the itinerary

7. Equipment / Packing List

Mountaineering Equipment

To safely navigate snow, ice, and high-altitude terrain, climbers must carry:

- Crampons and ice axe for icy slopes.
- Climbing helmet and harness.
- Locking and non-locking carabiners.
- Shovel for snow and ice work.
- Mountaineering backpack and climbing ropes.
- Ski poles for balance and stability.
- Descender/abseil devices and jumars (ascenders).
- Tape, prusik loops, and rappel devices.
- Optional hand warmers for extreme cold conditions.

2. Clothing & Apparel

High-quality layered clothing is essential for warmth, protection, and comfort:

- Trekking shoes with spare laces and insulated mountaineering boots.
- Plastic or leather mountaineering boot covers.
- Gore-Tex pants and waterproof jackets.
- Insulated parka, down jacket, fleece vest, jumper, and thermal underwear.
- Long shorts for lower altitudes.
- Wool cap, neck gaiter, gloves, climbing socks, and sandals for camps.
- Snow goggles for eye protection in snowy or windy conditions.

3. Essential Gear

Items needed for high-altitude camping and trekking:

- Backpack and duffle bag for personal belongings.
- Sleeping bag rated for extreme cold.
- Sleeping pad for insulation and comfort.
- Tents suitable for Base Camp and high-altitude camps.

4. Navigation & Gadgets

For safe navigation and documentation:

- Map and compass for trekking and climbing routes.
- GPS device for tracking locations.
- Two-way radios for communication with Base Camp and team members.
- Binoculars for distant peak and route observation.
- Camera for photography and documentation.
- Headlamp and flashlight with extra batteries.

5. Sun Protection

High-altitude sunlight can be intense:

- Sunglasses with UV protection.
- High SPF sunscreen for face and body.
- Lip balm to prevent chapping and sunburn.

6. Medical & First Aid

Essential medicines and first aid for high-altitude trekking:

- Pain relief: Brufen/Ibuprofen, Paracetamol.
- Antibiotics and Diamox for altitude sickness prevention.
- Bandages, plasters, crack bandages, and tincture iodine.
- Personal medications as required.

7. Other Essentials

Additional items to ensure safety, hydration, and convenience:

- Energy bars and high-calorie snacks.
- Water bottles and purification tablets.
- Toiletries and personal hygiene items.
- Trekking poles for stability on rough terrain.
- Pocket knife or multitool.
- Raincoat or poncho for sudden weather changes.
- Satellite phone for emergencies.
- Altimeter to monitor elevation changes.

Note: If you prefer, you can rent climbing gear from rental shops in Thamel. We are happy to assist you with the rental process and recommendations.