

## 1. Kailash Mansarovar Full Moon Tour 2026

### 2. Overview

The Kailash Mansarovar pilgrimage Tour is a life-changing journey for millions, and it becomes even more special when done during the Full Moon. Mount Kailash and Lake Mansarovar are two of the most sacred sites...

### 3. Itinerary

#### Day 1: Arrival In Nepal and Hotel Check In

Once you land in the Tribhuvan International Airport( TIA), you will meet our representative from the High Route Adventure in the in the wating zone. Then you will be transferred to the Hotel as per your choice in our private vehicle. Then you will check into the hotel and take a rest.

#### Day 2: Day tour in the Kathmandu Valley and Visa Preparation

Today, early in the morning, after you have your breakfast in the hotel, we will receive you for the Kathamanu Cultural tour. Our tour guide will take you to these places:

- Pashupatinath for Darshan
- Baudha Stupa
- Basantapur Durbar Square

After you visit this famous landmark, you will return to your hotel in the evening. Our private vehicle will drop you off at your hotel. **Traveller's Note:** On this second day of the Kailash Tour, you will submit your passport and other required documents to our office for the visa and permit process.

#### Day 3: Kathmandu sightseeing

On this day after breakfast early in the morning our team will pick you from hotel for Cultural Tour. You will do following activities:

- Visit Patan Durbar Square
- Explore Bhaktapur Durbar Square
- Explore Basantapur Durbar

Once you complete visiting all this places our tour guide will drop you to the Hotel.

#### Day 04: Visa Collection Day & Preparation for the Tour

After breakfast, you will visit our office to collect your Chinese Group Visa and other required travel documents. All visa details and Tibet permits will be carefully checked to ensure accuracy. You will then attend a short briefing by our tour operator, where important information about the Kailash Yatra will be shared. After the briefing, you can finalize your preparations by packing your backpack and exchanging currency for Tibet if needed.

**Day 5: Drive to Syabrubensi (1600m / 145 km / 6.5 hrs.) or Timure (1800m / 157 km / 7 hrs.).**

The day begins with a delicious breakfast at the hotel. Afterward, you'll embark on a jeep and drive to Syabrubensi village located in Rasuwa District. You'll start driving alongside Trishuli River and continue along the Budi Gandaki River towards Syabrubensi. Syabrubensi serves as the gateway to the Langtang Region. You can continue driving uphill from Syabrubensi and reach Timure village. Spend the rest of the day overlooking the beautiful view of the nearby mountains.

**Day 6: Drive to Rasuwagadhi (1950m / 15 km / 45 min from Sybrubensi), and drive to Kerung town (2900m / 1hrs / 35 km)**

After breakfast, you'll embark on the road journey and drive towards Rasuwagadhi. You'll continue driving through the Friendship Highway that goes into Tibet in the north. Driving almost 45min from Syabrubensi, you'll arrive at Rasuwagadhi village that lies close to the Tibetan border. Here, you'll get your permits checked and then continue your journey towards Tibet. Almost an hour-long road journey will bring you to the populated Tibetan city of Kerung. Spend the rest of the day exploring Kerung.

**Day 7: Drive to Saga (4400m / 150 km / 4 hrs)**

From Kerung, you'll begin driving northwest towards Saga County. Kerung is the southernmost part of the Tibet Autonomous Region of China. A four-hour-long journey will take you through the hills and into the Tibetan plateau towards Saga. Saga County is a part of Shigatse prefecture that connects the rest of Tibet with the Kailash Region. A scenic road journey will climb up to 850 meters in altitude. Overnight in Saga.

**Day 8: Short walking to Brahmaputra River and Rest day in Saga for acclimatization**

Instead of moving forward, you'll spend the day acclimatizing at Saga. After breakfast, you'll embark on a short journey to the Brahmaputra River. You'll continue walking alongside Dargye Tsangpo River towards the Brahmaputra. Because of its close location to the Mansarovar region, the river is highly revered by pilgrims. You can also choose to tour around and explore Lhartse in the east, Dzongkha, in the south of Purang in the west. Spend the rest of the day exploring Saga County.

**Day 9: Drive to Lake Mansarovar (4600m / 9 hrs. / 510 km)**

Leaving Saga, you'll begin driving through the rugged and remote part of Saga country towards Mansarovar. The entire journey may last 9hr and climb almost 200 meters in altitude. Enjoy the majestic sights of snowcapped peaks and High Mountain passes en route to Lake Mansarovar. Witness the nomadic villages en route to your destination. Cross Paryang (4550m) and the high mountain pass of Mayam La (5150m) en route to Lake Mansarovar. Overnight in Horpa town.

**Day 10: Puja / holy dip in Lake Mansarovar & drive to Darchen (4700m / 1hr / 40 km)**

Enjoy a delicious breakfast at Horpa, and embark on a scenic tour of Lake Mansarovar. You can choose to take a holy dip in Lake Mansarovar during the tour. The pilgrims believe that taking a dip in the lake rids the humans of their sins. You'll explore both Lake Mansarovar and Lake Rakshastal. A Hindu legend suggests that Lord Rama meditated in Lake Mansarovar while Ravana meditated in Lake Rakshastal. After a brief tour session, you'll begin driving towards Darchen village.

**Day 11: Drive to Yamadwar (9 km / 30 min), start Parikrama on foot to Dirapuk (4950m / 5 hrs / 12 km)**

After breakfast, you'll begin driving towards Yamadwar. Yamadwar or Tarboche marks the starting point of Parikrama or the Kora. The first day of the Parikrama may last almost 5hr. Catch the majestic sight of Mt. Kailash along the tour. You will also witness many Buddhist Chortens and stupas along the way. It's common for you to meet and greet pilgrims. The first day of Parikrama ends at Dirapuk village. Overnight in Dirapuk.

**Day 12: Parikrama continues, Dirapuk to Zuthrul Phug (4950m) crossing Dolma La Pass (5600m / 8-10 hrs / 22 km)**

A challenging part of the Parikrama will follow today. After breakfast, you'll embark on the second day of Parikrama and begin trekking towards Dolma La Pass (5600m). The weather around the Dolma La remains famous for being unpredictable. You'll start climbing the pass overlooking the beautiful glacial lake of Gauri Kunda. The trail continues towards another high pass of Khanda Sanglo. From here, you'll start climbing down towards Zuthrul Phug. Spend the evening visiting the magnificent Zuthrul Phug Gomba (monastery).

**Day 13: Our Parikrama continues up to near Darchen (2 hrs / 08 km) and drive to Saga (4400m / 9 hrs / 560 km)**

The third day of the Parikrama takes you around the trail towards Lake Mansarovar. After breakfast, you'll embark on an easy trail and begins climbing towards Darchen village. It may take almost 2-3hr to reach Darchen. You'll continue towards Lake Mansarovar. After a brief tour of the lake, you'll embark on a road journey back to Saga County. Continue driving through the rugged terrain towards Saga.

**Day 14: Drive to Kerung (150 km / 4 hrs)**

After breakfast, you'll leave Saga town and begin driving south towards Kerung County. The trail goes along the beautiful mountainous pass and hills towards Kerung town. A short journey spanning almost 4hr will bring you back to Kerung. Enjoy the rest of the day, exploring the quaint and beautiful surroundings.

**Day 15: Drive to Kathmandu via Rasuwagadhi (8-10 hrs / 195 km).**

Leaving Kerung, you'll begin driving back to Nepal. After breakfast, you'll embark on a road journey and head south through the Friendship Highway. After getting your permits checked, you'll cross the border and continue driving through Rasuwagadhi towards Syabrubensi village. Catch the beautiful sights of some of the highest mountains on earth as you make your way back. From Syabrubensi, you'll begin driving along Budi Gandaki River and Trishuli River towards Kathmandu. Spend the evening enjoying a delicious farewell dinner in one of the most excellent restaurants in Kathmandu.

**Day 16: Departure Day**

On the last day in Kathmandu, you can indulge in a brief shopping spree and visit the nearby Thamel to buy souvenirs. We'll drop you off at the airport in time of your flight back home.

## 5. Cost Includes

**Accommodation Services:**

- Six Nights 3-star Hotel in Kathmandu on twin sharing basic

- Nine Nights 3-star hotel in Kyrong, Saga, and Darchen on twin sharing basic
- Best available guesthouse and lodge in Manasarovar Lake, Diraphuk, and Zuthulphuk

### **Transportation Services**

- Airport pickup and drop-off facilities in a private vehicle
- All ground transportation in Nepal included Kathmandu sightseeing
- Both ways from Kathmandu to Rashuwagadi (Nepal-Tibet Border) by Private vehicle
- All ground transportation in Tibet (5- 25 seats comfortable tourist vehicle according to the group size)

### **Guide and Staff Services**

- An experienced English-speaking Tibetan local guide
- Nepalese leader throughout the tour in Nepal and Tibet
- Necessary Support crew members, like a cook, support staffs/helpers

### **Permits**

- Tibet Travel Permit and all necessary permits

### **Meals Services**

- Welcome dinner in Kathmandu for the best restaurant
- Farewell dinners in Kathmandu accompanied by traditional ethnic music and dance
- Breakfast: Local & Continental Choice in Kathmandu
- All Vegetarian Meals (Breakfast, Lunch, & Dinner) during the tour in Tibet

### **Other Services**

- Down Jacket & Seasonal sleeping bag (to be returned after completion of the trip)
- Free excess luggage storage facilities at our office or Hotel
- Company's duffle bag, T-Shirt, and Cap
- Oxygen Cylinders in each Land Cruiser
- Kathmandu sightseeing
- All the necessary government and service charges

## **6. Cost Excludes**

- Extra porter charge during the Parikarma
- International airfare to and from Kathmandu
- Nepal visa charge
- Cost for additional trips like Kathmandu Sightseeing
- Three nights Hotel accommodation in Kathmandu
- Lunch and Dinner in Tibet and Kathmandu
- Travel insurance which covers emergency rescue and evacuation
- Personal expenses (phone calls, laundry, bar bills, personal drinks, battery charge, bottle or boiling water, hot shower, wifi and or internet, etc)
- Tipping to staff(as an appreciation)

- All meals (Lunch and Dinner) in Kathmandu
- Any further price because of Natural cataclysm and Unforeseen Circumstances, etc

## 7. Equipment / Packing List

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### Packing List For Mount Kailash Mansarovar Yatra Pilgrimage Tour

#### Clothing:

- Base layers (moisture-wicking shirts, thermal underwear)
- Insulating mid-layers (fleece/wool sweaters, down jacket)
- Waterproof & windproof outer shell jacket and pants
- Quick-dry hiking pants
- Warm hat, gloves, neck gaiter/balaclava
- Thick wool or synthetic socks
- Hiking boots with good traction and ankle support
- Sandals/flip-flops for camp

#### Head & Hand Wear:

- Sun hat/cap
- Sunglasses with UV protection
- Warm insulated gloves/mittens
- Liner gloves

#### Accessories:

- Backpack (30-40 liters) with hip belt
- Trekking poles
- Water bottles or hydration bladder
- Sunscreen and lip balm
- Personal toilet kit & medications
- Headlamp/flashlight with extra batteries
- Trekking snacks (energy bars, nuts, etc.)
- Water purification tablets
- Basic first aid kit

#### Documentation:

- Passport with visa
- Printed copy of permits
- Insurance documents
- Extra passport photos

#### Optional:

- Camera, batteries/charger, memory cards
- Power bank for charging devices
- Reading/writing materials
- Binoculars
- Basic repair kit for minor gear fixes