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1. Dhaulagiri Circuit Trekking

2. Overview

Dhaulagiri Circuit Trekking leads you around the massif range of Mt. Dhaulagiri, the 7th world's highest peak at 8, 167 m. The adventure leads from low warm paddy fields towards more excellent hills, covered in…

3. Itinerary

Day 01: Arrival in Kathmandu via respective airlines and transfer to hotel

Altitude: 1350m/4499ft | Meals: Dinner | Stay: Hotel

On arrival at Kathmandu-Nepal International Airport via various airlines, our guide and staff receive you. From the airport a short drive to the heart of Kathmandu city, where your hotel is located. Checking into your rooms and then joining with other members of the trek at the hotel for trek briefing. The guide will provide useful information to make your holiday in Nepal enjoyable. Evening group welcome dinner in a lovely Nepalese Restaurant with a folk culture program.A nice way to experience Nepalese culture, along with good meals of great variation.

Day 02: At Kathmandu for trek preparation and tour of heritage sites

Altitude: 1350m/4499ft | Meals: Breakfast | Stay: Hotel

Extra day in Kathmandu, for trek preparation as well for tour around Kathmandu world heritage sites. The city guide takes you to exciting places visiting famous historical monuments and old palaces. After an enjoyable day, back to the hotel for Dhaulagiri Circuit Trek preparation.

Day 03: Drive to Pokhara 860 m-06 hours and transfer to hotel

Altitude: 820m/2733ft | Meals: Breakfast | Stay: Hotel

The morning after breakfast an interesting drive to the renowned tourist city of Pokhara, located Mid-West. The overland journey leads beyond Kathmandu valley towards lower warm farm areas, driving through villages and towns. The drive finally ends on reaching Pokhara, and then check into a nice hotel, located close to beautiful Phewa Lake. Have time for a short stroll around the lakeside, where the best hotels, restaurants, and shops are located. Pokhara is a renowned tourist destination blessed with natural beauty facing close views of Annapurna Himalayas with serene Fewa and Begnas Lakes. (Options for the short flight to Pokhara from Kathmandu of 30 minutes)

Day 04: Drive to Darbang via Beni 900 m -05 hrs.

Altitude: 1,200m/3999ft | Meals: Breakfast/Lunch/Dinner | Stay: Teahouse

Another exciting drive to the starting point of our trek, depart from the hotel having breakfast. The morning drive leads towards the west enjoying views of Annapurna and Dhaulagiri, then reach Beni town. A large town and headquarters of Mygdi district and Dhaulagiri region. From Beni drive continues on dirt tracks following the Mygdi River to Darbang for an overnight stop. A nice farm village, slowly growing into a town, Darbang is an important gateway to various areas of Western Nepal. The guide will find the best available lodge, although simple but good and clean.

Day 05: Trek to Riverside - 05 hrs

Altitude: 1,700m/5667ft | Meals: Breakfast/Lunch/Dinner | Stay: Teahouse/Tent Camp

The first-day walk starts following the Mygdi River upstream past smaller farm villages and hamlets. Walk into a cool mixed forest of pine and Sal trees with a few short ups and down and on winding trails. Reaching more farm areas with large paddy fields and terraces, as walk ends for the day for overnight halt. From here onwards in the tented camp, the tents are set close by the river. Enjoy the afternoon having refreshing cool bathing and swimming on the Mygdi River, after walking in the hot sun.

Day 06: Trek to Bagar- 06 hrs

Altitude: 2,375m/7915ft | Meals: Breakfast/Lunch/Dinner | Stay: Teahouse/Tent Camp

After the first overnight in a tented camp, the morning walk starts with having a nice breakfast at the camp. Start the walk following through farm fields and rural villages to Jugepani. For possible lunch stop, served and cooked by our camping chef, after lunch, a steep climb for an hour. Reaching a high ridge, covered in thick forest, from here downhill to Bagar village for overnight camp. Bagar is the last village for a week, after getting organized in the camp, time to explore the last village. The Mygdi areas are populated by Magar people, the largest hill tribes of Western Nepal as well spread all around Nepal.

Day 07: Trek to Dovan- 06 hrs.

Altitude: 2,600m/8665ft | Meals: Breakfast/Lunch/Dinner | Stay: Teahouse/Tent Camp

From Bagar short easy walk for a while, and then the climb starts heading due north-west. The path is covered in a forest of tall rhododendron and pine trees with lush vegetation, on leaving the Mygdi River below. After an hour climbs, and then downhill on a narrow path reaching a small clearing amidst tall tree lines. Here our camp is set for overnight in a small place called Dovan, having a few cattle herder huts and shades. Which also serves as tea houses and shops in high seasons of the year.

Day 08: Trek to Chartare / Bhainsi Kharka- 05 hrs.

Altitude: 3,000m/9999ft | Meals: Breakfast/Lunch/Dinner | Stay: Teahouse/Tent Camp

On leaving Dovan, from onwards into pure wilderness crossing a small wooden bridge over a tributary stream of Mygdi River. The walk follows through dense tree lines and vegetation past a few summer grazing areas and meadows. After hours of morning pleasant walks reaching a small shelter of local cattle herder at Chartare or Bhainse Kharka. The camp is made on a grassy meadow amidst dense tall tree lines close to a small hut. This camping area is also called as Jungle Camp a quiet spot with only the sound of a bird call.

Day 09: Trek to Pakhaban (Japanese Camp)- 05 hrs

Altitude: 3,750m/12498ft | Meals: Breakfast/Lunch/Dinner | Stay: Teahouse/Tent Camp

Morning on leaving the camp, after a few hours of walks the green vegetation and tree lines give away. A walk leads to mountainous terrain and glaciated valley at a place called Italian camp. From here onward walk on the moraine of ice and glaciers with short steep climb reaching a grassy small field. Here our overnight camp is pitched above the massive glacier also the main source of the Mygdi River. From the camp at Pakhaban, also known as Japanese Camp enjoy a close view of Mt. Dhaulagiri South Face. Includes Putha Huinchuli and Manapathi, with giant rock walls of Tsaurabong Peak.

Day 10: Trek to Dhaulagiri Base Camp- 06 hrs

Altitude: 4650m/15345ft | Meals: Breakfast/Lunch/Dinner | Stay: Tent Camp

An exciting day, having breakfast and carrying pack lunch for the day trek to Dhaulagiri base camp. The walk leads to short descent reaching the moraine and glaciers of Dhaulagiri and Tukuche peaks. From here the real adventure begins crisscrossing over the boulders of ice and boulders. Tracing the right path crossing smaller icy streams, then finally ending the walk reaching Dhaulagiri base camp. Tents are set on available level ground away from rocks, facing close views of towering Mt. Dhaulagiri-I and Ice Fall. Enjoy the closest look at the world's 7th highest peas with adjoining Tukuche peak. The camp includes grand views of Dhaulagiri - II (7,751 m.) and Dhaulagiri - III (7,715 m.). The view extends as far as Dhaulagiri - IV (7,618 m.) in the southwest direction.

Day 11: Trek to Hidden Valley via French Pass 5, 360 m

Altitude: 4,900m/16317ft | Meals: Breakfast/Lunch/Dinner | Stay: Tent Camp

After an enjoyable overnight stop at dramatic landscapes close to Mt. Dhaulagiri and the glacier. Having breakfast, the morning walk starts heading north over rocky moraine with some ice, as the climb continues to a steep ridge. Reaching on top of French Pass at 5, 360 m, the highest point of the adventure. Rewards excellent views of surrounding peaks with Mt. Dhaulagiri North Face and Tukuche peaks. Enjoying the grand mountain scenery, a short descent to Hidden Valley for overnight camp. Hidden Valley, a summer grazing field for Yaks and other cattle of Kaligandaki villagers and Lower Mustang areas. A great spot for extra days amidst arrays of snow peaks that surrounds the Hidden Valley.

Day 12: At Hidden Valley free day for excursion.

Altitude: 4,900m/16317ft | Meals: Breakfast/Lunch/Dinner | Stay: Tent Camp

Spending another day at Hidden Valley after a great adventurous walk of some days. Enjoy the day relaxing and marvel at the grand incredible scenery of the mountain range. Interested energetic people can take a short hike and explore the unexplored areas of scenic Hidden Valley.

Day 13: Trek to Yak Kharka- 05 hrs.

Altitude: 4,915m/16,366ft | Meals: Breakfast/Lunch/Dinner | Stay: Tent Camp

After an enjoyable rest day, slowly our adventure nears an end with one more overnight camp at Yak Kharka. Walking on a gradual winding path on the screen of stones can be pretty tough on deep snow. The narrow trail leads to climbing over the last high Thapa / Dhampus pass at 5,250 m high. A short steep climb to the top, facing grand close views of Dhaulagiri and Tukuche peaks. The view includes Nilgiri's and Annapurna Himalaya range towards North-East across Kaligandaki valley. Enjoying the glorious panorama of high snow peaks, a slow downhill to Yak Kharka for overnight camp. The area also called Alu Bhari means a potato garden, where herders grow potatoes. During yak, grazing times spends a few months around this area up to Hidden Valley.

Day 14: Trek to Marpha - 04 hrs.

Altitude: 2,670m/8,811ft | Meals: Breakfast/Lunch/Dinner | Stay: Teahouse

From here our adventurous walk comes to an end on reaching down at Kaligandaki River valley in Marpha village. Located around Mustang district, a charming lovely village full of apple orchards. The walk starts downhill and back into tall tree lines and green vegetation, the walk continues on a long descent. Then finally reached Marpha village within civilization, after being in complete mountain wilderness for several days. At Marpha stay overnights in the comfort of a nice lodge, and enjoy the last day party among members. As well as trekking staff and porters a great place to celebrate last night's dinner party by enjoying the local brew. Marpha is famous for apples and its products.

Day 15: Drive to Jomsom 2,715 m and fly to Pokhara 820 m transfer to hotel

Altitude: 820m/2,733ft | Meals: Breakfast/Dinner | Stay: Hotel

After an enjoyable overnight at Marpha village, morning a short drive to Jomsom airport for a flight to Pokhara. Jomsom is the headquarters town of Mustang district with a small airport, located on route to Upper Mustang. Morning is time for the flight to Pokhara, get in on a smaller aircraft for a short scenic flight to beautiful Pokhara. During the flight enjoy great views of Dhaulagiri and Annapurna peaks, as the plane lands at Pokhara airport. Transfer to respective hotels close to famous lovely Phewa Lake. The rest of the afternoon is free for individual activities, or enjoy boating on the lake and hiking to Peace Stupa located on a hilltop opposite side of the lake.

Day 16: Drive to Kathmandu -06 hours (via air 30 minutes scenic flight)

Altitude: 1350m/4,499ft | Meals: Breakfast/Dinner | Stay: Hotel

After breakfast, depart from Pokhara for an exciting and interesting drive to Kathmandu, as the journey heads on the main highway past many farm villages and towns. The drive follows the Trisuli River for some hour and then climbs to reach the suburb of Kathmandu valley. Finally, the ride heads down to enter the hustle, and bustle of city life of Kathmandu, and then transfer to your respective hotel. The rest of the afternoon is free for individual activities and shopping for souvenirs or enjoy rest with grand memories of the adventure on the high mountains of Annapurna Himalaya. (Flying options half-hour on-air to Kathmandu with a sweeping panorama of mountains)

Day 17: Depart Nepal for international departure homeward bound.

Meals: Breakfast

Last day in Nepal, a country of Himalayan wonders. As per your international flight time transfer to the airport for the final flight departure homeward bound. After a great wonderful adventure and experience on Dhaulagiri Circuit Trekking.

5. Cost Includes

- Three-night hotel in Kathmandu on B/B, with breakfast.
- Two-night hotel in Pokhara on B/B, with breakfast.
- Airport / Hotel / Airport pick up & drop by private vehicle.
- All your Meals (breakfast, lunch, and dinner) with a cup of tea or coffee during the trek
- Tea House and camping accommodation during the trek with all the camping arrangements.
- A highly experienced, helpful and friendly Government license holder Guide, his food, accommodation, salary, insurance, equipment, medicine.
- Sightseeing for World Heritage site in Kathmandu with Tour Guide.
- Required number of porters including all expenses with insurance.
- Farewell dinner with cultural program in Kathmandu
- Airfare from Jomson to Pokhara
- All necessary paperwork(ACAP PERMIT, TIMS CARD)
- All ground transportation as per itinerary
- National Park permits.
- Medicine box, including Oximeter and pulse meter checker.
- All ground transportation.
- All our government taxes.
- Official expanse

6. Cost Excludes

- Food and extra night at hotel and activities in Kathmandu.
- Your travel insurance. (compulsory)
- International air fare.
- Nepal entry visa fee.
- Items of a personal nature such as alcoholic drinks, cold drinks, laundry.
- Personal trekking Equipment.
- Satellite Phone.

7. Equipment / Packing List