

1. Ghorepani Poonhill Trek from Pokhara

2. Overview

If you are planning to watch a beautiful sunrise over the Himalayas that turns into gold and pink above a quiet mountain village. For you, we have brought this 3 Day Ghorepani Poon Hill trek...

3. Itinerary

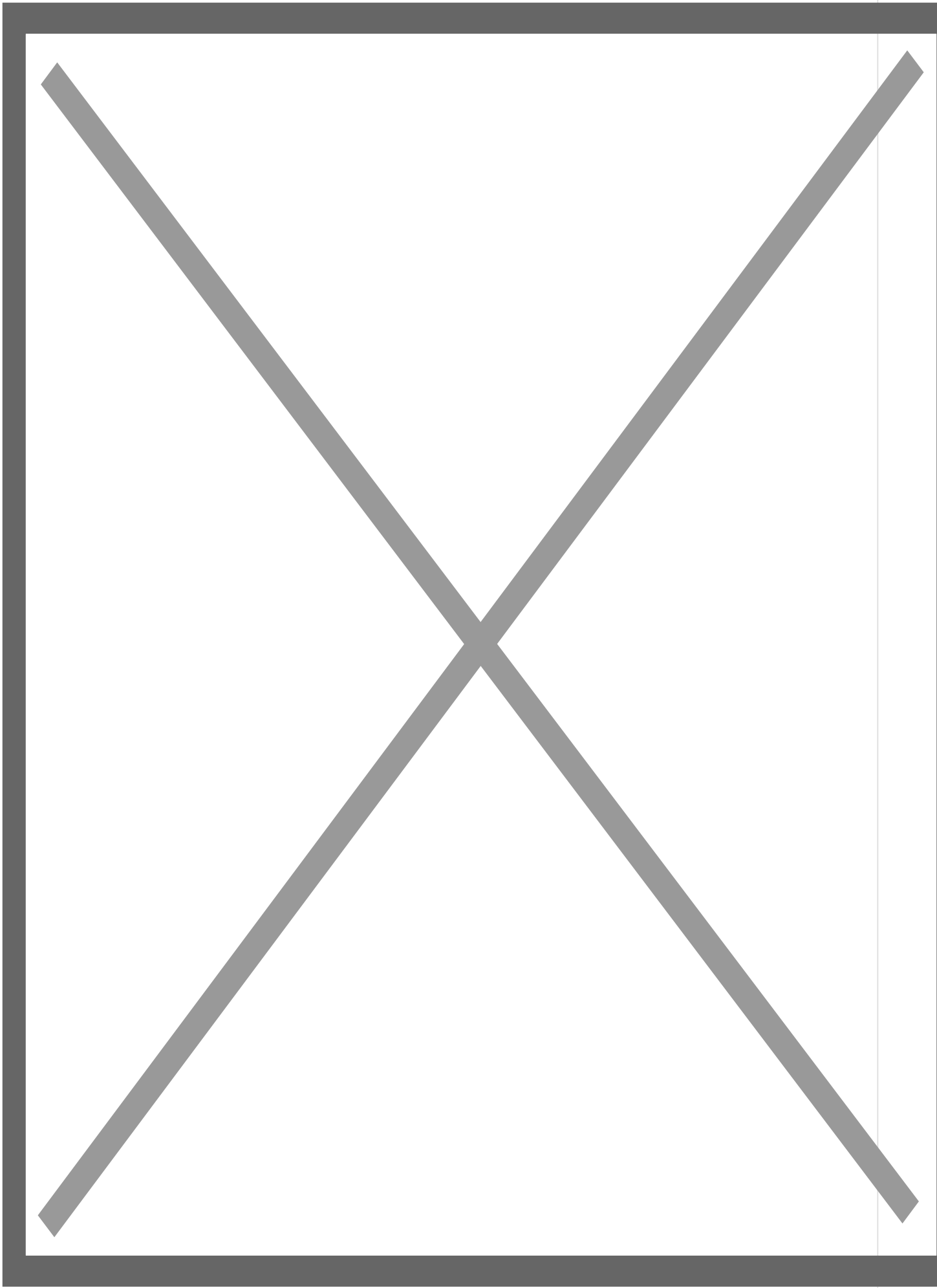
Day 1: Pokhara to Ulleri (via Nayapul/Tikhedhunga) and Trek to Ghorepani

Altitude: 2,874 m

Meals: lunch and dinner

Stay: tea house

Drive: Private Jeep ride from Pokhara to Nayapul (approx. 1.5-2 hours). **Trek duration:** Roughly 6–7 hours Our trek leader will pick you up from the hotel where you are staying. Be ready for the drive after breakfast at your hotel. Depending upon your group size, we will either provide you with a taxi or a private jeep. Then, loading your luggage in our vehicle, we will ride toward Nayapul, which is around 40 to 62 km from Pokhara lakeside. Even though it is a hilly road, the road conditions are fine with blacktop. During the drive, you will enjoy the scenery of local villages, farmland, rivers, forests, and distant mountain peaks. Once you reach Nayapul/Tikhedhunga, you will start your trek. You can see many other trekkers on the trekking trails heading for their own destination. Walking on 3,200+ stone steps, you will reach Ulleri, where you will stop for lunch and a short rest. Then continue your walk through the rhododendron and oak forest to reach Ghorepani Village situated at an altitude of 2,860 to 2,874 meters. After you reach Ghorepani, you will check into the tea house. From this village, you can enjoy the close view of the Annapurna and Dhaulagiri Himalayan ranges. Later in the evening, after having a delicious meal, you will spend the night here.



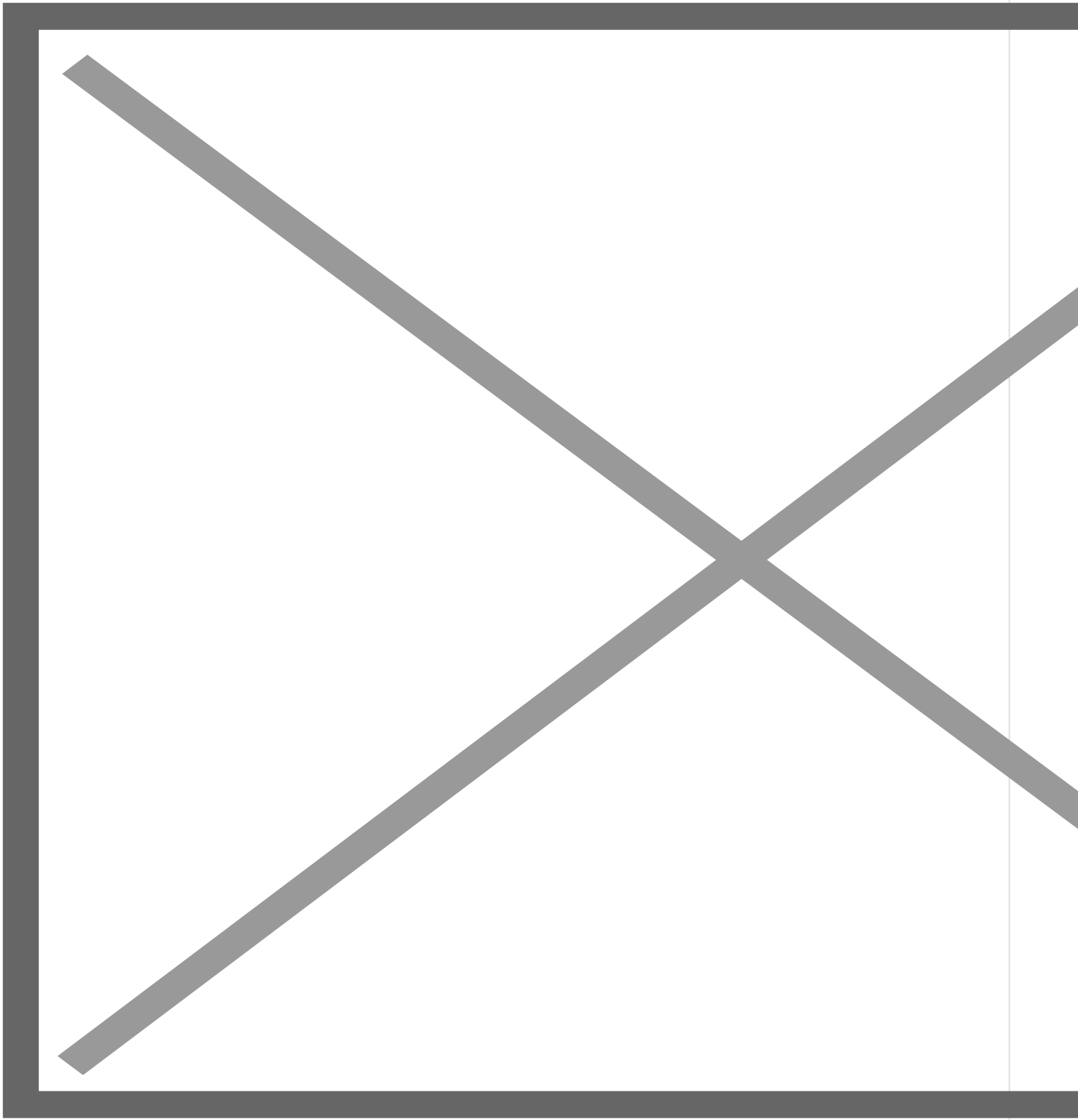
Day 2: Hike to Poon Hill and Trek to Tadapani

Altitude: 2,630 m

Meals: Breakfast, lunch and Dinner

Stay: tea house

Sunrise Hike: 1-hour hike up to Poon Hill **Trek duration:** Approx. 5-6 hours of walking Today you will wake up early in the morning, around **4:00 AM to 4:30 AM, and hike to Poonhill viewpoint.** The Poonhill hike duration will be around 30 minutes to 1 hour, depending on your walking pace. From the viewpoint(3,210m), you will enjoy the sunrise view over the Annapurna and Dhaulagiri ranges. Also, the distant panoramic view of Machhapuchhre (Fishtail), Annapurna South, and Dhaulagiri I is visible. It's also one of the best places to see the golden sunlight illuminate Himalayan peaks like Hiunchuli, Nilgiri, and Tukucho. Don't forget to have an early morning tea while enjoying the sunrise view. After having a wonderful time here and taking lots of pictures and videos, now it is time for you to return to the Ghorapani tea house for breakfast. Then, after breakfast, you will head to Tadapani by walking through a forest trail that takes you through dense, scenic forests filled with rhododendron, oak, and pine trees. Along the way, you'll often cross small streams and waterfalls, and follow ridge trails that offer stunning views of the Annapurna range. The route from Ghorepani to Tadapani usually goes through Deurali and Banthanti. Also, the view of the south-western face (or southern face) of Machhapuchhre (Fishtail Mountain) is really impressive. After you reach Tadapani Village(2,630 m), you will check into the tea house, and after having a warm meal, you will spend the night here.



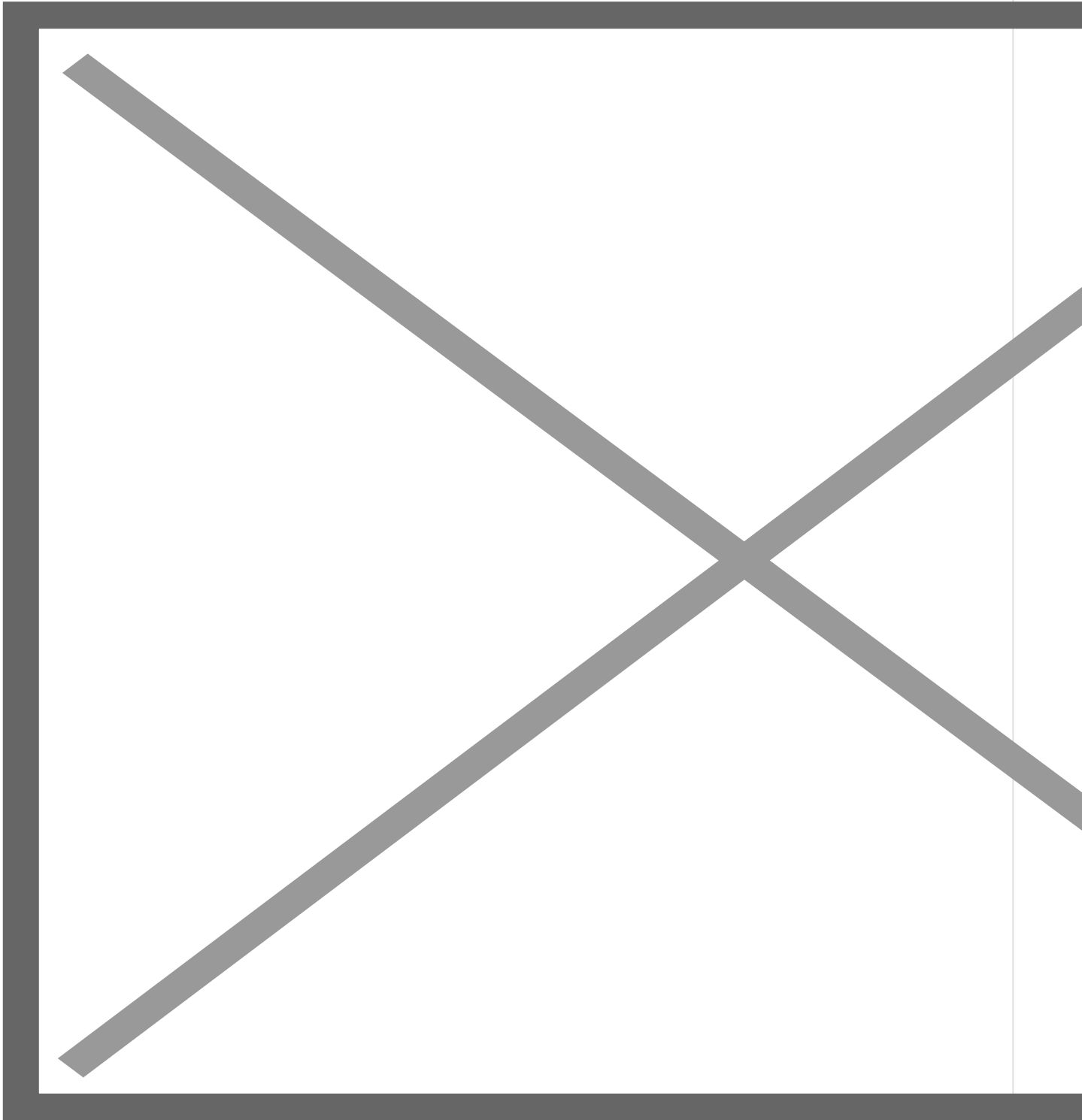
Day 3: Trek to Ghandruk and Drive to Pokhara

Altitude: 822 m

Meals: Breakfast and lunch

Trek duration: Approx. 3 to 4 hours of walking **Drive duration:** Approx. 3 to 4 hours Today, after breakfast in Tadapani, you will trek toward the Ghandruk Village, which is situated at an altitude of 1,940m. Ghandruk is a famous Gurung village for Gurung culture and mountain views. Recently, Time Out Magazine listed Ghandruk, Nepal, ranked second among the world's best small destinations. On the route from Tadapani to Ghandruk, you will walk through a downhill forest trail. Along the way, you'll pass small villages, cross streams, climb stone steps, and enjoy views of Annapurna South and Machapuchhre before reaching the Gurung village of Ghandruk. You will take lunch in Ghandruk with the Himalayan background views. Also, you will visit the Gurung Museum, then descend to Syauli

Bazar/Nayapul, and drive to Pokhara. Our trek leader will arrange the vehicle for you and drop you off at the Pokhara hotel.



5. Cost Includes

- Accommodation in tea houses/lodges along the trek
- Daily breakfast, lunch, and dinner during the trek
- Experienced local guide and porters (if opted)
- All required Trekking permits and fees.

- Transportation from/return to the starting point

6. Cost Excludes

- International and domestic flights
- Travel insurance (medical, accident, or evacuation)
- Personal expenses (snacks, drinks, souvenirs, etc.)
- Tips for guides and porters
- Equipment or gear rental (trekking poles, sleeping bags, etc.)
- Optional activities not mentioned in the itinerary
- Any extra nights in hotels/guesthouses due to delays or personal reasons

7. Equipment / Packing List

On this short 3 Day Ghorepani Poon Hill trek from Pokhara, you don't need to pack much, as most things are provided at the tea houses. Just pack the basic clothing items and trekking/hiking boots. To make it easier for you, we have provided a comprehensive packing list. By following this, you can pack for this trek.

- Comfortable trekking/hiking boots
- Warm clothing (fleece/jacket, thermal layers)
- Rain jacket or windbreaker
- Hat, gloves, and sunglasses
- Backpack and water bottle
- Personal toiletries and medications
- Camera or phone for photos
- Snacks for the trail

Note: Those who want to rent trekking gear can also rent it from the rental shop in Pokhara. If you need assistance, the High Route Adventure team will be happy to assist you.